

Double-Thick Potholder



These easy, double-thick crochet potholders are an quick project you'll love to crochet over & over again! This pattern is perfect for beginners, or to make as a last-minute gift.

*sarah*maker



ABOUT

DOUBLE THICK POTHOLDER

An easy, durable potholder that works up quickly in cotton yarn.

DESIGNER

Sarah Stearns

SKILL LEVEL

Beginner

SIZES

One Size

FINISHED MEASUREMENTS

Finished potholder measures 7" square.

MATERIALS

SUGGESTED HOOK

H-8 (5.0mm) crochet hook, or size required to obtain gauge

YARN WEIGHT

Category 4 - Worsted weight cotton yarn

SUGGESTED YARN

Lily Sugar'n Cream Yarn
1 - 2 oz. ball, about 100 yards

NOTIONS

- Scissors
- Stitch marker, optional
- Darning Needle
- Measuring Tape

GAUGE

15 sts and 10 rows = 4 in (10cm) Use any size hook to match gauge - you want to crochet a thick, dense fabric to protect against heat.

ABBREVIATIONS

ch	chain
blo	back loop only
sc	single crochet
sl st	slip stitch
st/sts	stitch/stitches

NOTES

- The pattern is written in US terms.
- The potholder is worked in continuous, or spiral, rounds.

SPECIAL STITCHES

SINGLE CROCHET BACK LOOPS ONLY (SC-BLO)

Almost all stitches will be made in the Back Loops Only. You will see this abbreviated in the pattern as BLO.

What does back loop only mean?

If you look at the top of a row of crochet stitches, you'll see that the stitches form little "V" shapes. The part of the V closest to you is called the front loop, and the part of the V furthest from you is called the back loop.

Usually, you would insert your hook under both the front and back loops to make a new stitch. For most of the stitches in this pattern, you insert the hook under the back loop only.

TUTORIALS

SINGLE CROCHET

<https://sarahmaker.com/single-crochet/>

Pattern Instructions

INSTRUCTIONS

Chain 40.

Round 1: Sc in the second ch from the hook. (Work into the front of the chain, not the back bump.) Sc-blo in each ch to the end of the starting chain. Make 1 extra sc in the last ch. Continue around, making one sc in each ch on the other side of the starting chain. Make one extra sc in the last ch. (80 sts)

Round 2: Start working in spiral rounds: Sc-blo in the first stitch, and each stitch around. (80)

Round 3-17: Sc-blo in each stitch around. (80 sts)

Continue stitching until the work measures half as tall as it is wide.

For example, if your starting chain of 40 ch sts measured 10in, work until the piece measures 5in tall. For me, that was a total of 17rounds.

Fold the potholder. Fold the top edges in toward the center to create a diagonal seam. The seam will lie perpendicular to the starting chain.

Check to see that the edges will meet when folded. If not, crochet another round or two and check again.

If your last stitch does not end up at a corner point, crochet a few more stitches so that it does.

Optional: Make a Hanging Loop. Chain 12 ch sts. Then, sl st to the start of the chain.

Seam the potholder. Cut yarn, leaving a 24 in. yarn tail, and pull through.

Match the stitches at the seam. Use a mattress stitch or a whip stitch to sew up the diagonal seam.

Finishing. Weave in the ends using a yarn needle. Block if desired.

PATTERN VARIATIONS

Here are a few ways that you can customize this pattern to make it your own.

- Add additional insulation. If you want to make this potholder even more heat resistant, you can add a square of Insul-Bright in between the layers before you sew the seam.
- Instead of use one strand of yarn, try using two strands of cotton yarn held double. If you try this, you'll need to use a larger hook size. And you might want to start with a shorter foundation chain. Remember, to get a 7 in finished square pot- holder, you'll need to start with a 10 in long starting chain.
- Instead of SC, use HDC. In this pattern above, I used sc-blo for all rounds – which I think gives the potholder a great texture with subtle diagonal lines. But, you could easily swap out the single crochet stitches for another stitch, like half double crochet or another simple textured stitch.
- Make a larger or smaller size. To vary the size of the potholder, make a longer or shorter starting chain. For a 6 in. square potholder, start with an 8.5 in starting chain. For an 8 in square potholder, start with an 11.5 in starting chain.
- Make a pillow cover. You could even super-size this pattern to turn it into a pillow cover. For an 18in pillow, you'd need to start with a 25in long starting chain. Then, insert the pillow form before you sew up the seam.

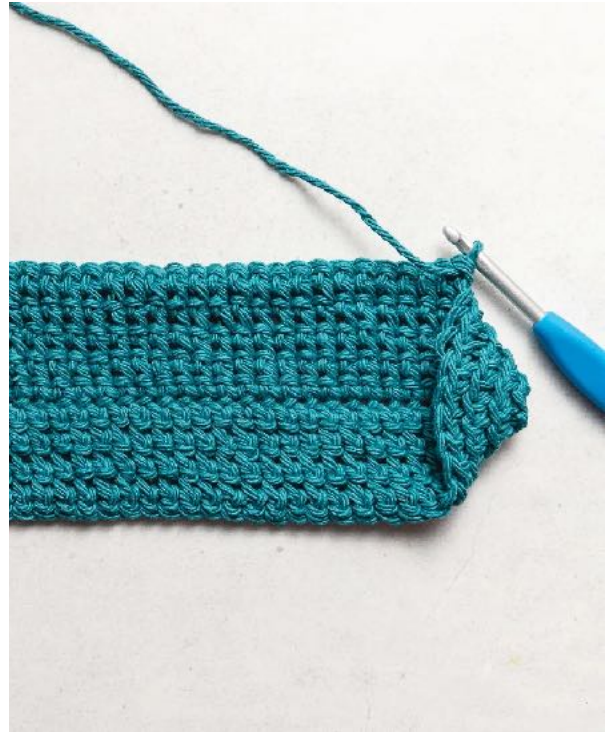
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Photo Reference



End of Round 1.



Continue working in spiral rounds.



As you keep working, the edges will fold into the center to create a diagonal seam.



Sew the seam with a mattress or whip stitch.

About



Sarah Stearns is the founder and editor of sarahmaker.com. She's helped thousands of makers find their next craft project with free patterns and step-by-step tutorials on her blog and YouTube channel.

Her work has been featured in The New York Times, Scientific American, Good Housekeeping, Vox, Apartment Therapy, Lifehacker, and more.

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Crochet Reference

alt	alternate	prev	previous
approx	approximately	ps or puff	puff stitch
beg	begin or beginning	rem	remaining
bet	between	rep	repeat
bl or bro	back loop or back loop only	rnd	round
bo	bobble	rs	right side
bp	back post	sc	single crochet
bpdc	back post double crochet	sc2tog	single crochet 2 together
bphdc	back post half double crochet	sh	shell
bpsc	back post single crochet	sk	skip
bptr	back post treble crochet	sl st	slip stitch
cc	contrasting color	sm or sl m	slip marker
ch	chain stitch	sp	space
ch-sp	chain space	st	stitch
cl	cluster	tbl	through back loop
cont	continue	tch or t-ch	turning chain
dc	double crochet	tog	together
dc2tog	double crochet 2 stitches together	tr	treble crochet
dec	decrease	tr2tog	treble crochet 2 together
dtr	double treble crochet	trtr	triple treble crochet
edc	extended double crochet	Ws	wrong side
ehdc	extended half double crochet	yo	yarn over
esc	extended single crochet		
etr	extended treble crochet	*	repeat the instructions following the asterisk as many times as directed
fl or flo	front loop or front loop only	**	repeat the instructions between the asterisks as many times as directed
fp	front post	{ } or []	work instructions within brackets as many times as directed
fpdc	front post double crochet	()	work instructions within parentheses as many times as directed, or work a group of stitches all in the same stitch or space
fphdc	front post half double crochet		
fpsc	front post single crochet		
fptr	front post treble crochet		
hdc	half double crochet		
hdc2tog	half double crochet 2 together		
inc	increase		
mc	main color		
pc	popcorn stitch		